7–8 WEEKS BEFORE THE MOVE
☐ Research moving companies. Get written estimates from three licensed movers.
☐ Ask moving company about insurance and check your homeowners' policy.
☐ Gather your important papers into one location/binder for safe keeping.
☐ Prepare a list of businesses and accounts to contact to change your address.

5–6 WEEKS BEFORE THE MOVE
☐ Declutter your home. Donate, give to friends, sell online, or have a garage sale.
☐ Purchase moving supplies like boxes, tape, packing material, and labels.
☐ Pack non-essentials. Make an inventory, label and photograph.
☐ If you have kids, contact current and future schools to transfer records.

3–4 WEEKS BEFORE THE MOVE
☐ Change address on all accounts.
☐ Contact Internet Service Provider and Gas & Electric Services.
☐ Fill out a change-of-address at a U.S. Post Office.
☐ Cancel or transfer magazine and newspaper service.

1–2 WEEKS BEFORE THE MOVE
☐ Confirm mover and moving insurance.
☐ Gather valuables, prescriptions, and paperwork and keep these items separate.
☐ Plan to transport these yourself.
☐ Make sure major appliances are ready to go.
☐ Have each family pack a personal suitcase for one week.
☐ Finish packing.

1 DAY BEFORE THE MOVE
☐ Confirm arrival time and day with moving company.
☐ Defrost your refrigerator and store perishables in coolers.
☐ Back up computers and note user name and passwords.
☐ Have cash to tip the movers. (10%-15%)

www.frontier.com/movers